



Tidbits

Bonfire 55+ Mobile Home Park Newsletter

To view on the Bonfire website go to: www.bonfiremhp.com/life/newsletters.html

August, 2021

Editor- Renee Licht. Please email Tidbits submissions by the 25th of the month to: rtlicht@sbcglobal.net

2021 - 2022 Board of Directors

President: Bobby Wolgan

Vice President: Larry Dennis

Treasurer: Dave Meyer

Secretary: Mike Micallef

Director: Ken Dixon

Director: Chris Leeseberg

Director: Paul Shortsleeve

The Office of the President- Bobby Wolgan

The office will not yet be open for walk ins, due to new Delta Covid-19 variant blowing up in Florida. Anyone can call with questions or make an appointment to meet with office staff. Please communicate to the office staff by phone (352.787.4891), email (bonfiremhp@aol.com) or use the black box to the left of the door. If you need immediate assistance, you may contact any Bonfire Board Member. Thank you for keeping all of us safe.

- We had no known damage from recent Hurricane Elsa other than a lightning strike that once again damaged our gate at the compound. A new gate system will be installed for \$5200.00. The current gate electronics were 19 years old and a constant challenge to repair. Don't know if current gate keys can be reused until new system is identified & installed. Please stay tuned...
- Beginning Dec. 1st, all boat slip holders will be invoiced for the following year. They will have up to 60 days to pay, or will forfeit that slip to the current waiting list.
- Phone Directory will be available on Thursdays in the Clubhouse from 1-2pm. Only one copy per household.
- The Delta Covid virus has taken off in Florida. All residents are encouraged to get vaccinated or wear a mask around others.
- Home 706 has been sold.

Note: The next Board Meeting: No meeting planned for August at this time due to no quorum until September.

2020 - 2021 Social Club Board

President: Leslie Decator

1st Vice-President: Robin Semon

(Spring Fling, Tidbits, Calendar, Directory)

2nd Vice-President: Russell Porwitzky

(Flea Market, Fundraising Meals)

Secretary: Margaret Willis

Treasurer: Ramona Richardson

1st Director: Shirley Byrd

(Dances, Karaoke, Choir, Entertainment)

2nd Director: DeAnna Barnhill

(Pottucks, Ladies Lunch, Friday Coffee)

3rd Director: Joyce Worman

(Welcome Packet, Welcome to Bonfire Event)

4th Director: Karen Van Matre

(Decoration of Park & Clubhouse for Events)

The duties of each of these board members are detailed in the Social Club By-Laws. A copy of these can be found on the Bonfire Website: www.bonfireMHP.com. Login and password are found in the Bonfire Village directory.

The next regular membership meeting of the Social Club is: Saturday, November 13, 2021 at 10:00AM

"The purpose of this Social Club shall be to promote social activities and friendship among residents of Bonfire Mobile Home Village."

Notes from Social Club President, Leslie Decator:

We plan to start Bingo back on Mondays beginning November 1st. We need volunteers to call--- no experience necessary. We will train. Also, looking for someone to oversee the kitchen. Please contact Leslie Decator for more information.

Many thanks to Jody Pudenz for heading up our summer Yard Sale and to all those who helped: Sam & Leslie Decator, Russell Porwitzky, Margaret & Al Willis, Robin Semon, Dottie Champion, Mary Louise Wade.

Line Dancing- Come join in the fun on Thursdays 1:00 – 2:00 pm in the Clubhouse. This will be very basic and to have fun and exercise. Contact Cathie York for questions.

Sunshine Report

DeAnna Barnhill

Get Well Cards:

Get Well Cards were sent to: Gerry O'Conner, Mel Winchell, Judy Wiene, Charlie Bausick

Sympathy Cards:

Sympathy Cards were sent to: Ron Wiene (Brother), Barb Lambright (Marv), John Munroe (Sister), Denis Bausick (Charlie)

Prayers to all mentioned above. If you know of anyone needing a card, please let me know. Thanks!!
Deanna Barnhill ♥

Health Committee Report

Information courtesy of Bonfire Health & Safety Committee, submitted by Margaret Willis

The purpose of the Bonfire Health & Safety Committee is to provide education and information to ensure the health and safety of all the residents of our community. The Bonfire Health & Safety Committee members for 2021 are Faye Hensley, Margaret Willis, Mary Louise Wade, Diane Weinbaum, and Nelson Craig.

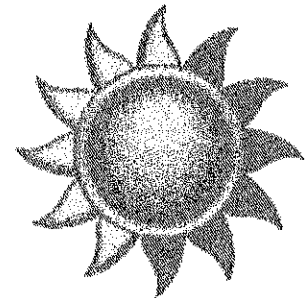
KEEPING COOL IN THE FLORIDA SUMMERTIME

Summer in Florida is hot. And humid. While many of us live in central Florida because of the warm weather, the excessive heat we experience this time of year requires us to take special measures to ensure we don't fall victim to that heat. Extreme heat causes more than 600 deaths each year, yet heat-related deaths and illnesses are preventable.

You can become ill from the heat if your body can't compensate for it and properly cool you off. The main things affecting your body's ability to cool itself off during extremely hot weather are:

- **High humidity.** Ever hear someone say "It's not the heat, it's the humidity!"? *It's true.* When the humidity is high, sweat won't evaporate as quickly, which keeps your body from releasing heat as fast as it may need to. Here is a chart to figure how hot it 'feels' based on the temperature and the humidity. Source:

<https://home.howstuffworks.com/humidifier1.htm>



Relative Humidity	Air Temperature (Degrees F)										
	70	75	80	85	90	95	100	105	110	115	120
0%	64	69	73	78	83	87	91	95	99	103	107
10%	65	70	75	80	85	90	95	100	105	111	116
20%	66	72	77	82	87	93	99	105	112	120	130
30%	67	73	78	84	90	96	104	113	123	135	148
40%	68	74	79	86	93	101	110	123	137	151	
50%	69	75	81	88	96	107	120	135	150		
60%	70	76	82	90	100	114	132	149			
70%	70	77	85	93	106	124	144				
80%	71	78	86	97	113	136	157				
90%	71	79	88	102	122	150	170				
100%	72	80	91	108	133	166					

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- **Personal factors.** Age, obesity, fever, dehydration, heart disease, mental illness, poor circulation, sunburn, and prescription drug and alcohol use can play a role in whether a person can cool off enough in very hot weather.

People age 65 and older are especially at high risk for heat-related illnesses. Older adults:

- Do not adjust well to sudden changes in temperature.
- Are more likely to have a chronic medical condition that changes normal body response to heat.
- Are more likely to take prescription medicines that affect the body’s ability to control its temperature or sweat.

So what do you do?

➤ **STAY COOL**

- Stay in air-conditioned buildings as much as possible.
- Do not rely on a fan as your main cooling source when it’s really hot outside.
- Don’t use the stove or oven to cook—it will make you and your home hotter.
- Wear loose, lightweight, light-colored clothing.
- Take cool showers or baths to cool down.
- Do not engage in very strenuous activities and get plenty of rest.

➤ **STAY HYDRATED**

Drink more water than usual. DON’T WAIT until you are thirsty to drink.

Note: if your doctor limits the amount of fluids you drink or has you on water pills ask him/her how much you should drink during hot weather.

➤ **STAY INFORMED**

Check the local news for health and safety updates.

Follow additional tips on how to prevent heat-related illness found online:

<https://www.cdc.gov/disasters/extremeheat/heattips.html>

Know the symptoms of heat-related illness, which are muscle cramps, headaches, nausea, and vomiting.

See this article online for more information: <https://www.cdc.gov/disasters/extremeheat/warning.html>

➤ **TAKE ACTION**

Check on a friend or neighbor and have someone do the same for you.

Seek medical care immediately if you have, or someone you know has, symptoms of heat-related illness.

--submitted by: Margaret Willis for the Bonfire Health and Safety Committee

Source <https://www.cdc.gov/disasters/extremeheat/older-adults-heat.html>



AUGUST EVENTS

It is important to sign up for activities in advance as it helps the committee members to better plan for the programming and obtain the supplies that are needed to have a successful activity.

LADIES LUNCHEON:

Date: 11:30 AM Tuesday, August 17

Contact Person: Donna Kelley

Sign-Up Deadline: Sunday, August 15; sign-up sheet is in the Clubhouse

Details: We will be gathering at "City Star Family Restaurant" at 11:30 AM: <http://citystardiner.com/> . There will be a sign-up sheet in the Clubhouse *only for a count*. Please make your own arrangements for transportation. We hope to see many of our friends and neighbors as we gather for lunch together.

AUGUST BIRTHDAYS

Happy birthday wishes to all those celebrating a birthday in August!



AUGUST BIRTHDAYS

<i>Date</i>	<i>Name</i>	<i>Date</i>	<i>Name</i>	<i>Date</i>	<i>Name</i>
6	Dale Hunt	10	Cheryl James	17	Diane Boaz
8	J.D. Lawson	11	Nancy Sage	18	George Elder
	Ken Wagner		Shirley Byrd	23	Stephen Goulette
	John Munroe		Steve Shampang		Terrie Cervellera
9	Dona Bafia	13	Karl Decker	26	Boyd Waddell
	Norman Riggs	16	Ron Wirtz		Charles Cox

Please notify Renee Licht via email (rtlicht@sbcglobal.net) if you would like your name added or removed from this Birthday List.

August 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 9:00 & 10:00am Water Aerobics	3 9:00 & 10:00am Noodles	4 9:00 & 10:00am Water Aerobics	5 9:00 & 10:00am Noodles 1:00-2:00pm Line Dancing	6 7:30am Coffee Hour at the Clubhouse 9:00 & 10:00am Water Aerobics	7 9:00 & 10:00am Noodles
8	9 9:00 & 10:00am Water Aerobics	10 9:00 & 10:00am Noodles	11 9:00 & 10:00am Water Aerobics	12 9:00 & 10:00am Noodles 1:00-2:00pm Line Dancing	13 7:30am Coffee Hour at the Clubhouse 9:00 & 10:00am Water Aerobics	14 9:00 & 10:00am Noodles
15	16 9:00 & 10:00am Water Aerobics	17 9:00 & 10:00am Noodles 11:30am Ladies Luncheon- City Star Family Restaurant	18 9:00 & 10:00am Water Aerobics	19 9:00 & 10:00am Noodles 1:00-2:00pm Line Dancing	20 7:30am Coffee Hour at the Clubhouse 9:00 & 10:00am Water Aerobics	21 9:00 & 10:00am Noodles
22	23 9:00 & 10:00am Water Aerobics	24 9:00 & 10:00am Noodles	25 9:00 & 10:00am Water Aerobics	26 9:00 & 10:00am Noodles 1:00-2:00pm Line Dancing	27 7:30am Coffee Hour at the Clubhouse 9:00 & 10:00am Water Aerobics	28 9:00 & 10:00am Noodles
29	30 9:00 & 10:00am Water Aerobics	31 9:00 & 10:00am Noodles				