

Tidbits

Bonfire 55+ Mobile Home Park Newsletter

To view on the Bonfire website go to: www.bonfiremhp.com/life/newsletters.html

February, 2020

Editor- Renee Licht. Please email Tidbits submissions by the 25th of the month to: rtlicht@sbcglobal.net

2020 Board of Directors

President: Bobby Wolgan Secretary: Paul Shortsleeve Director: Bill Richardson Vice President: Harry Smith

Director (Assistant Secretary): Mike Micallef

Treasurer: Larry Dennis Director: Dave Meyer

The Office of the President

Bobby Wolgan

Welcome to our new Board Member, Dave Meyer.

There are forms in the office for requests for work to be done in the Park. Please fill one out when you need something done.

We are having some trouble with wild cats. Please do not feed the wild animals in the park.

We need all the residents in the park to go to the office and fill out a form to advise the office who to contact in case of an emergency. See the form that is attached to the Tidbits.

We still have some speeders in the park. PLEASE remember that the speed limit is 10 Miles Per Hour.

Note: The next Board Meeting is scheduled for Wednesday, February 19 at 9:00 AM.

2020 Social Club Board

President: Leslie Decator

1st Vice-President: Joyce Walrath
(Spring Fling, Tidbits, Calendar, Directory)

2nd Vice-President: Russell Porwitzky

(Flea Market, Fundraising Meals)
Secretary: Margaret Willis
Treasurer: Ramona Richardson

1st Director: Shirley Byrd

(Dances, Karaoke, Choir, Entertainment) 2nd Director: DeAnna Barnhill (Potlucks, Ladies Lunch, Friday Coffee) 3rd Director: Joyce Worman

(Welcome Packet, Welcome to Bonfire Event)
4th Director: Karen Van Matre
(Decoration of Park & Clubhouse for Events)

The duties of each of these board members are detailed in the Social Club By-Laws. A copy of these can be found on the

Bonfire Website: www.bonfireMHP.com. Login and password are found in the Bonfire Village directory.

The next scheduled Social Club Meeting: Saturday, March 14, 2020 at 10:00 AM

Social Club PowWow

The Social PowWow will be one hour each month. This month it will be on **February 18 at 11am**. This will be one hour each month on the calendar for you, the members of the Social Club, to let everyone know what is on your mind. Also, it will be an opportunity to find out about the upcoming activities. And, yes, it will be a time for you to become involved in areas that interest you. Please check the calendar and the marquee for the date and time.

Bonfire Social Club FUNDRAISER



February 8, 2020 – 5:00 pm Tickets on sale January 20th– February 5th \$8.00 each

---Note: as of this printing, all tickets have been sold.

Dinner includes spaghetti with meat sauce, salad, garlic bread & dessert. Coffee & iced tea furnished. (Carry outs available) BYOB

Entertainment: John Croly Singer/Guitarist

Purchase tickets from:

Edna Dixon Susie Collins

Ramona Richardson

Fran Oldfield

Cory Meyer Ann Sonner

Aluminum Can Tabs

In honor of Ernie Kappotis, please continue to save your can tabs. There is a collection container on the desk in the Clubhouse. We will be sure to turn them in on behalf of Ernie and his family. The tabs are donated to the Shriners to be used for children at Shriners hospitals.

Bonfire Cookbook

Date: January thru February Contact Person: DeAnna Barnhill

Details: If you have an old family recipe or just one (or more) of your favorites that you'd like to share with Bonfire residents, we'd be happy to put them in the upcoming **Bonfire Cookbook**. Last one in print is from 2006 and there are some awesome must try recipes in it. DeAnna will be working on this from January thru February. Please get all recipes to her during that time so that we'll have plenty of time to put them together before everyone heads back home.

Bonfire Directory

I wish to thank all of the workers who helped in getting the Directories out to our Bonfire family. First I must thank my proofreaders – a most important job – John Leddy and Kay Park.

On production day, we had the following people working hard and getting the Directories all put together in several hours: Fran Oldfield, Chris & Connie Leeseberg, Martie Ogborn, Faye Hensley, Ellie & Russell Porwitzky, Kathy Dennis, Pattie Boster, Polly Dubeansky, Cory Meyer, Anita Perkins and Fran Goodroe. Thank You To ALL for a job well done!

On delivery day, the following people went door to door to deliver the Directories: Cory Meyer, Fran Oldfield, Faye Hensley, Don & Kathy Lowe, Janet Sawyer, Susie Collins, Dawn Comins, Barb Kasik, Pattie Boster, Ellie & Russell Porwitzky, Cheryl Hytinen, and Sandy Eddy. Thank You to ALL. We were lucky to have a beautiful day to be out and about.

Directories were delivered on Saturday, January 25, 2020. If you did not receive yours, it can be picked up in the office. Shareholders receive one Directory per household provided by The Bonfire Social Club and The Bonfire Board of Directors. Renters and anyone wishing a second Directory can get one in the office for a small fee.

If your Directory has pages missing or extra pages, please bring it to me to fix. If the pages don't turn easily inside the binding, please bring it to me as that might also be fixable before they rip or get really creased. --Submitted by Joanne Leddy

Bonfire Social Club Event Group on FACEBOOK

Please add the Bonfire Social Club Event Group to your "Groups" list on Facebook and follow us for upcoming Social Club Events. This is where you'll find the latest events that we are planning for Bonfire. These events may be dinner out at a local restaurant, going somewhere to listen to a band or even going to the movies. This page is not our personal FB page; this page is for Bonfire residents. Our goal is to get residents out of their homes and enjoying the "retired life" while also offering them a ride if they need one. We also appreciate comments about events whether they are past, present or future. We encourage input from you so that we can plan a better winter season for all to enjoy.



Bridge Group

A Bonfire Bridge Group is meeting every Monday morning at the Clubhouse library at 9:00 AM. All who know how to play bridge are welcome. For further information please contact Dotti Champion.

Dance Committee News

Co-chairs: Karen Van Matre and Debbie Andrade Please bring your own drinks and snacks to the dances.

FEBRUARY DANCE: CAROL ANN

HELP Wanted

We encourage everyone to bring a snack/treat periodically to Bingo Night to share with all. We're also looking for help calling Bingo, helping out beforehand with setup or afterwards with cleanup; please let Leslie know.

Potluck hints: If you buy a ticket - tableware supplied.

Remember that potlucks/dinners servings are a tasting size not a huge serving size per side. We are serving many residents at these events and ask that you bring a dish to share that serves at least 12. Be sure and bring your own tableware to these events.

Guests are \$3 per person to any of the potlucks. Donation jar will be on the kitchen pass through counter.

New 2020 Photo Directory

To make the 2020 Photo Directory complete, we will need everyone's picture. New and old residents, owners and renters included. Donna Kelley will be taking pictures on the 15th, 22nd, and 29th of February in the Clubhouse from 2-4. The hope is to have the directories in your hands by the middle of March. If you can't come to the Clubhouse on the Saturday afternoons listed above, please contact Donna for a good time to have your picture taken. There are so many new people here in Bonfire since the 2015 Directory was printed. This New 2020 Directory is important so we may get to know each other.

Friday Coffee Break

Date: Every Friday from 8-9am Place: Clubhouse Contact Person: Karen Van Matre

Cost: \$1 per donut

Details: Join us for donuts and coffee and a chance to catch up with friends every Friday. Everyone is welcome. **Volunteers Needed:** We're always looking for someone to help out, if you'd be interested please let them know at Friday's Coffee Break. If you don't know how to make the coffee we can teach you:) Donuts are picked up from Publix that morning.

Yard Sale: March 4-7, 8:00 AM - 4:00 PM

Set-up will be on Wednesday, March 4 in the area next to Cty. Rd. 473. Any one donating items for the sale, please make sure the items are clean and in working order. Ruth does not have time to clean up all the items we get. If something cannot be used or is broken, please put them in your trash. We do not want old TVs, printers, or electronics. They do not sell well. Also, no toilets or tires. Make sure all furniture is clean. We would appreciate that if you have large items for the sale, that you could store them in your carport until the day of the sale. Our sheds are very full! We do not like picking up sofa sleepers as they are just too heavy for our men to pick up and we don't want to damage anyone's home. Contact Person for pick-ups or deliveries is Ruth Klatt.

Sunshine Report

Brenda Mayfield

No Get Well or Sympathy Cards were sent out.

I hope I did not miss anyone. Remember to let me know if anyone needs a card. Please call me at the phone number listed in the Bonfire Directory and leave a message if I am out. I am thankful for the people who do let me know.

Health Committee Report

Faye Hensley

February is Heart Health Month

Aging can cause changes in the heart and blood vessels. Changes that happen with age may increase a person's risk of heart disease. A major cause of heart disease is the buildup of fatty deposits in the walls of arteries over many years. The good news is there are things you can do to delay, lower, or possibly avoid or reverse your risk. The most common aging change is increased stiffness of the large arteries. This causes high blood pressure, or hypertension, which becomes more common as we age.

High blood pressure and other risk factors, including advancing age, increase the risk of developing atherosclerosis. Because there are several modifiable risk factors for atherosclerosis, it is not necessarily a

normal part of aging. Heart disease develops when plaque builds up in the coronary arteries, reducing blood flow to your heart muscle. Over time, the heart muscle can become weakened and/or damaged, resulting in heart failure. Heart damage can be caused by heart attacks, long-standing hypertension and diabetes, and chronic heavy alcohol use.

Symptoms of heart disease:

- Pain, numbness, and/or tingling in the shoulders, arms, neck, jaw, or back
- Shortness of breath when active, at rest, or while lying flat
- Chest pain during physical activity that gets better when you rest
- Lightheadedness
- Dizziness
- Confusion
- Headaches
- Cold sweats
- Nausea/vomiting
- Tiredness or fatigue
- Swelling in the ankles, feet, legs, stomach, and/or neck
- Reduced ability to exercise or be physically active
- Problems doing your normal activities

How to keep your heart healthy:

- Try to be more physically active.
- If you smoke, quit.
- Follow a heart-healthy diet.
- Keep a healthy weight.
- Keep your diabetes, high blood pressure, and/or high cholesterol under control.
- Don't drink a lot of alcohol.
- Manage stress.

https://www.nia.nih.gov/health/heart-health-and-aging

Do you have a topic you would like to see addressed in the monthly Health & Safety Committee article? Contact Margaret Willis.

HEALTH & SAFETY COMMITTEE REPORT

On January 17, 2020, approximately 50 residents attended the January Health Committee program entitled "Dispelling the Myths of Medical Marijuana". Dr. Bob Goethe is certified as a Medical Marijuana Doctor. He gave an interesting presentation on the history and politics of marijuana/cannabis usage and legality. He then discussed the medical uses and how cannabis, with CBD and/or THC, could help patients suffering from certain conditions which cause them chronic pain. After his presentation, Dr Bob graciously answered individual questions. If you want to know more about Dr. Bob and his practice, visit his website: https://compassionclinicflorida.com/.

The next Health & Safety Committee program will be on Wednesday, February 12, 2020, at 10am. The speakers will be two deputies from Lake County Sheriff's Office, speaking on the topic "Senior Safety".

On February 26, 2020, the committee will be holding two CPR/AED workshops. The times will be 10am-

12noon and 6-8pm. There will be a sign-up sheet closer to the event. Six to eight people can attend each session. If there is more interest, additional workshops will be scheduled. Contact Nelson Craig for more information.

The 2020 Health & Safety Committee members are Faye Hensley, Margaret Willis, Joanne Leddy, Nelson Craig, Mary Louise Wade, and Diane Weinbaum. Anyone interested in being on this committee is welcome.

FEBRUARY EVENTS

It is important to sign up for activities in advance as it helps the committee members to better plan for the programming and obtain the supplies that are needed to have a successful activity. If you would be interested in hosting a Holiday Dinner, Potluck or Ladies Luncheon, contact Karen Van Matre for details. It's so easy to do and we'll help!



INDOOR FLEA MARKET:

Details: The Indoor Flea Market is Saturday, February 1, 2020.

SOUPER SUPER BOWL PARTY:

Date: Sunday, February 2nd at 6:00PM in the Clubhouse **Contact Person:** Karen Van Matre & DeAnna Barnhill

Details: Bring an appetizer to share and join us in sampling 3 different kinds of soup as we watch Super Bowl LIV on the Big Screen. We'll also be playing Commercial BINGO where you have the opportunity to win prizes galore.

WELCOME NEW RESIDENT DINNER:

Date: Saturday, February 15 at 1:00 PM at the Clubhouse Contact: Joyce Worman

Details: Sandwiches, chips, cake and drinks will be provided.

BILOXI GAMBLING TRIP:

PLEASE NOTE CHANGE OF DATES: We will be going on the trip with residents from other Mobile Home Parks. The bus will pick us up at the Leesburg Walmart on 441.

Date: Rescheduled to February 9 – 12, 2020 January 5 8 (Sunday thru Wednesday)

Contact Person: Karen Van Matre

Sign-Up Deadline and Payment Due: You MUST sign up by Sunday, December 29; sign-up sheet will be in the Clubhouse.

Details: Join us for a relaxing bus ride to Biloxi, Mississippi for a 4 day/3 night trip. Stay at the IP Casino Resort for \$234 (a 4 star hotel with an outdoor pool, spa and 8 dining areas). The price covers the cost of the bus ride, 3 nights at the hotel with \$100 worth of incentives from several of the other Casinos we will be stopping at. Stops will be made at the Hard Rock Casino, The Golden Nugget, The Palace and the Scarlett Pearl. If you're not interested in gambling or would like to take a break, there's always something that may interest you such as a Historic Walking Tour, Riverboat Cruise, Half Day Fishing Tour and more.

DANCE COMMITTEE/SPRING FLING/PICNIC MEETING(S)

Date: February 10th, Monday 10:00 AM in the Clubhouse

Details: Join us as we make plans for the 2021 Dance Season, the upcoming Spring Fling March 28th, Saturday, the Amphicar Picnic March 27th, Friday and the Antique Steamboat Picnic April 7th, Tuesday. All are welcome to attend. We need lots of help and ideas to plan and make these events happen. Please stop in.

LADIES LUNCHEON: WINE TASTING

Date: Thursday, February 13 at 11:30 AM in the Clubhouse Contact: Donna Kelley and Joyce Walrath **Sign-Up Deadline:** Tuesday, February 11 on the sheet in the Clubhouse.

Details: We will gather for lunch on the 13th of February at 11:30 AM in the Clubhouse. This will be our Annual Wine Tasting with a twist. Please bring your own DRINK. Many of us will bring wine but you may bring anything you would like to drink with lunch. FYI, Soda (pop) and water is available in the kitchen for 50 cents. Lunch will be provided. See you all for a fun time.

The Ladies Luncheons for the season are

March 12th is our annual Bon Worth Trunk Sale and Salad Luncheon. Mary Louise Wade is spearheading this luncheon. All we ask is that you bring a salad, appetizer or dessert to share. We will also be having a Fashion Show that day and will need 6 models. If you would be interested in showing off the latest in women's fashion please let Karen Van Matre know.

April is open for someone to host lunch.

FEBRUARY DANCE: CAROL ANN

Date: February 14th, Friday from 7-10PM. Tickets are \$5 per person. There will be a 50/25/25 Raffle.

Contact Person: Karen Van Matre & DeAnna Barnhill

Details: Don't forget to bring your favorite drink. Popcorn & Coffee will be available. Tables cannot be reserved until <u>AFTER 12PM</u> on the day of the dance. Those that do so will automatically be moved to the table(s) in the front of the room. Once again we had an entire table get up and leave their trash on the table after the New Year's Eve Dance. We're all adults; please remember to clean up your table before you leave.

MICHIGAN/CANADA DAY POTLUCK:

Date: February 20th, Thursday at 4:00PM **Contact Person:** Karen Van Matre & DeAnna Barnhill **Details:** Bring a dish to share. Sign-up sheet is in the Clubhouse. Come eat, drink and have fun as we celebrate a beautiful State and a wonderful Country. Everyone is welcome to attend. We will be having a 50/25/25 so bring your \$\$\$. If you'd like to help, please contact Karen or DeAnna.

LINE DANCING:

Line Dancing

Date: Saturday, February 22 from 7:00-9:00 PM in the Clubhouse

Contact Person: Cathie York

Details: Come dance the night away at the Line Dancing party in the Clubhouse. Everyone is

welcome to attend, even those with two left feet. Bring a snack or appetizer to share.

BONFIRE KENTUCKY DAY: FOR BONFIRE KENTUCKY CURRENT/PAST RESIDENTS

Date: Saturday, February 29 from Noon – 4:00 PM at the Clubhouse

Contact: Shirley Byrd or Fran Oldfield

Sign-Up: There will be a sign-up sheet in the clubhouse. Sign up to attend & what potluck dishes you would

like to bring.

Details: We will again be auctioning Kentucky Baskets and Kentucky Recipe to the highest bidder, so bring

LOTS of cash!

BONFIRE KENTUCKY DAY: FOR ALL BONFIRE RESIDENTS

Date: Saturday, February 29 from 7:00 – 11:00 PM at the Clubhouse

Contact: Shirley Byrd or Fran Oldfield

Details: Bonfire Kentucky residents INVITE ALL Bonfire residents to join them at the clubhouse on February

29, 2020 from 7:00 PM to 11:00 PM, to enjoy music by the Roy Baker Band. We will be having several

auctions throughout the evening. Bring cash for the raffle and 50/50. BYOB... Come and join us for a GREAT

evening of FUN!!

UPCOMING EVENTS

BONFIRE YARD SALE:

Date: Wednesday-Saturday, March 4 – 7, 2020 with Set-up day on Wednesday March 4.

Location: Grassy area beside County Rd 473.

SPRING CHOIR CONCERT:

Date: 6:30 PM on Tuesday, March 17 at the Clubhouse.

KENNEDY SPACE CENTER 1 DAY TOUR AND DINNER BUFFET: \$119

Date: Friday, March 20th **Contact Person:** Karen Van Matre

Sign-Up Deadline and Payment Due: Sunday, March 1

Details: Join us on an amazing space adventure. This one day tour includes entrance to Kennedy Space Center, Motor Coach Transportation, all of the Attractions and an All You Can Eat Dinner Buffet. Take the Kennedy Space Center Bus Tour, Watch the IMAX 3D films, Journey to Mars, the US Astronaut Hall of Fame and more on this tour of a lifetime.

BIRTHDAY HAPPY HOUR: Contact Person: Karen Van Matre & DeAnna Barnhill **Details**: Join us on the 3'rd Wednesday of every month to celebrate that month's Birthdays. It's a chance to get out, mingle with residents and of course have cake & ice cream. This is open to all residents not just the birthday people. Getting to know one another is one of our goals. We ask the Birthday celebrants two questions 1) what brought you to Bonfire

ys. Happy is Birthday!

2) what is on your bucket list that we can help you accomplish. We've had some great answers over the months and we're working on several bucket list ideas now.

FEBRUARY BIRTHDAYS

Date	Name	Date	Name	Date	Name
3	Dorothy Coleman	15	Bruce Robinson	19	Jeff Idalski
	Pamela Beauchamp	16	Claude Moss	21	Larry Cross
6	Connie Leeseberg		Lloyd Sherwood	22	Kay Park
8	Kenneth Fuller		Judy Holmgren	26	Dennis Boaz
	Nelson Craig	17	Reda Fordyce	27	Paul Avis
9	Brenda Jackson		Graham Wilgus		Karen Gilson
13	Leslie Decator		Cristina Lopez Duprey	Van	
14	Ann Payne			je je	
10.1	7 7				

Please let the office know if your name isn't on the birthday list and you want it to be.

		100	February 2020			
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 9:30am Noodles 8-2:00 Indoor Flea Market
2 Groundhog Day 6:00pm Souper Super Bowl Party 6:00pm Games/Cards	3 9:00am Bridge Group 9:30am Water Aerobics 12:30-1:00pm Beg. Line Dance 1:00-2:00pm Reg. Line Dance 5:45pm Bingo	4 9:30am Noodles 10:00-Noon Choir 12:00pm Billiards 1:00pm Bowling 6:00pm Games/Cards 6:30pm Choir	5 8:30am Breakfast Club 9:30 &10:30am Water Aerobics 10:00-Noon Shuffleboard 1:00-3:00pm Crafts 6:00pm Nickel Nickel	6 8:45am Golf 9:30am Noodles 12:30-1:00pm Beg. Line Dance 1:00-2:00pm Reg. Line Dance 6:00pm Hand & Foot	7 8:00am Coffee Hour 9:30am Water Aerobics 6:30pm Euchre	8 9:30am Noodles 5:00pm Spaghetti Dinner Fundraiser
9 6:00pm Games/Cards 9th-12th Biloxi Trip	10 9:00am Bridge Group 9:30am Water Aerobics 10:00am Events Planning Mtg. 12:30-1:00pm Beg. Line Dance 1:00-2:00pm Reg. Line Dance 5:45pm Bingo	9:30am Noodles 10:00-Noon Choir 1:00pm Bowling 6:00pm Games/Cards 6:30pm Choir	12 8:30am Breakfast Club 9:30 &10:30am Water Aerobics 10:00am Senior Safety Presentation 10:00-Noon Shuffleboard 10:00am Finance Com. Meeting 1:00-3:00pm Crafts 6:00pm Nickel Nickel	13 8:45am Golf 8:45am Golf 9:30am Noodles 11:30am Ladies Luncheon 2:00-2:30pm Beg. Line Dance 2:30-3:30pm Reg. Line Dance 6:00pm Hand & Foot 6:30pm Euchre	14 Valentine's Day 8:00am Coffee Hour 9:30am Water Aerobics 7:00-10:00pm Dance- Carol Ann	15 9:30am Noodles 1:00pm Welcome New Resident 2:00-4:00pm Photos for Directory 7:00-10:00pm Karaoke
16 6:00pm Games/Cards	17 Presidents Day 9:00am Bridge Group 9:30am Water Aerobics 12:30-1:00pm Beg. Line Dance 1:00-2:00pm Reg. Line Dance 5:45pm Bingo	9:30am Noodles 9:30am Noodles 10:00-Noon Choir 11:00am Social Club PowWow 1:00pm Billiards 1:00pm Bowling 6:00pm Games/Cards 6:30pm Choir	19 8:30am Breakfast Club 9:00am Board Mtg. 9:30 &10:30am Water Aerobics 10:00-Noon Shuffleboard 1:00-3:00pm Crafts 4:00-5:00pm Birthday Hour	20 8:45am Golf 9:30am Noodles 12:30-1:00pm Beg. Line Dance 1:00-2:00pm Reg. Line Dance 4:00pm Michigan/Canada Day Potluck 6:00pm Hand & Foot	21 8:00am Coffee Hour 9:30am Water Aerobics 6:30pm Euchre	9:30am Noodles 9:30am Noodles 2:00-4:00pm Photos for Directory 7-9:00pm Line Dancing Party
23 6:00pm Games/Cards	24 9:00am Bridge Group 9:30am Water Aerobics 12:30-1:00pm Beg. Line Dance 1:00-2:00pm Reg. Line Dance 5:45pm Bingo	es hoir ng ss/Cards	26 8:30am Breakfast Club 9:30 &10:30am Water Aerobics 10:00-noon CPR/AED Workshop 10:00-Noon Shuffleboard 1:00-3:00pm Crafts 6:00pm Nickel Nickel	27 8:45am Golf 9:30am Noodles 12:30-1:00pm Beg. Line Dance 1:00-2:00pm Reg. Line Dance 6:00pm Hand & Foot	28 8:00am Coffee Hour 9:30am Water Aerobics 6:30pm Euchre	29 9:30am Noodles 2:00-4:00pm Photos for Directory 7:00-11:00pm- Kentucky Day Dance Roy Baker Band